



**TIMBERLEA**  
PUBLIC SCHOOL



# WORKPLACE PREPARATION THROUGH MICROSOCIETY

Our elected Wolf Land Government has officially been sworn in by the Mayor of the RMWB, Sandy Bowman along with Councillor Funky Banjoko, the Wolf Land Governor General, Ms. Hiscock and our MicroSociety Coordinator Ms. Morris. With the establishment of the government, police force, warehouse, bank, operations & maintenance departments, we are ready for our business ventures to file their business licenses.

Managers & Assistant Managers have finished their hiring process after the job fair and have been engaging in MicroSociety venture time! Everyone has a job and we are excited to share that we have 4 new ventures this year: Wolf Land Community Helpers, Wolf Land Treasures, Wolf Wear and our student owned venture, Silly Slimes.

MicroSociety is unique program only available at Timberlea Public School.

#TIMBERWOLVES



NAZIA HISCOCK,  
PRINCIPAL

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# Reporting an Absence?

EMAIL  
TLABSENCES@FMPSD.AB.CA

# Thank *you*



#TIMBERWOLVES



# #Timberwolves



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# EXECUTIVE FUNCTION HIGHLIGHT: *GOAL DIRECTED PERSISTENCE*

"The capacity to follow through to the completion of a goal, even when it seems to take a long time, without being deterred by setbacks, mistakes, frustration, boredom, other demands, or competing interests" (Faith et al., 2022, p.2).

## **Challenges can look like:**

- Easily distracted when working on a task
- Multiple unfinished tasks
- Easily frustrated when things don't go as planned
- Loss of interest with long term tasks
- May not finish a task due to it being difficult
- Fear of failure
- Negative self-talk ("I can't do anything right")



## **Strategies to support goal directed persistence:**

- Create a New Year's resolution and track achievements
- Establish goals
- Create a plan with multiple checkpoints
- Set small achievable goals
- Create and repeat daily affirmations
- Conduct frequent check ins to determine progress
- Use first/then strategy
- Take a break from challenging tasks and come back to it later
- Ask for help when encountering setbacks
- Celebrate all accomplishments – big and small!




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show up to school on feb 3 with your crazy hair!

**MONDAY FEB 3 IS CRAZY HAIR DAY!!:)**

Make sure to bring any crackers (example: goldfish) for the breakfast cart!


**twins and rhyme day**  
what to do for twin and rhyme day:



**twin day is when you match with a friend so what you wear**

**MAKE SURE TO BRING CEREAL FOR THE BREAKFAST CART**

**Rhyme day is when you rhyme with a person or friend like mathlete and athlete**

**FEBRUARY 4 2025**

BY: Brea and Hadiyah

Bring your favorite hockey team jersey

Dress up as your favorite soccer player!




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**Sports/Jersey day**

Bring mini muffins for food cart!






Tuesday February 5th!



**character day**

you may dress as your favorite character and bring fruit cups and other healthy things on thursday February 6

**PJ DAY!!!!**

**FRIDAY**

**FEBRUARY 7TH**

make sure to bring yogurt tubes for breakfast cart

HERE ARE SOME RECOMENDATIONS FOR PJS





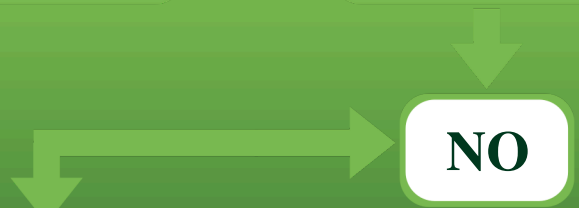
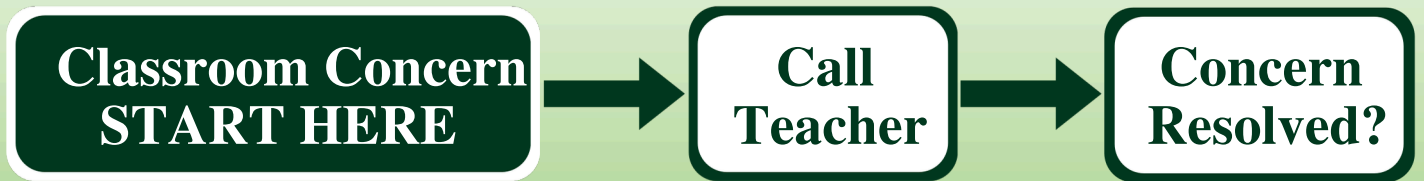


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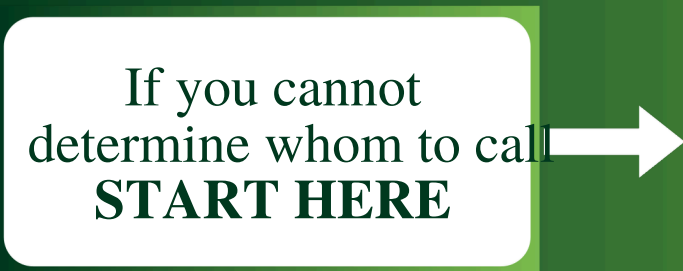
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# Addressing Concerns @FMPSD



*If concern not resolved...*



**Contact Us.**  
We want to hear from you.  
☎ (780) 799-7900 ✉ info@fm-psd.ab.ca