

# Professional Learning Fridays at Timberlea Public School

## 1. September 20

- DCT: Division Collaborative Time
- Number Talks
- Implementing Sharing Circles

## 2. October 11

- Numeracy games for Fact Fluency
- Create a list of games to purchase
- Pet Therapy

## 3. October 25

- DCT
- Numeracy Coordinator on Math Manipulatives
- Managing Stress/Anxiety

## 4. November 22

- DCT
- Implement Digital Math and Movement Math
- Volunteerism and Active Citizenship

## 5. December 6

- Build a Toolbox of Addressing Student Behaviour
- Heart Math iPads and breathing for students

## 6. December 20

- Supporting Student Mental Health'
- MicroSociety Numeracy Connections
- Art Therapy

## 7. January 24

- DCT
- Cross Curricular Numeracy & Literacy Resources
- Yoga Session

## 8. February 14

- Supporting Student Anxiety Zoom Session
- Regulated Classroom

## 9. March 14

- DCT
- First Nations, Metis & Inuit Learning and Teaching
- Art Therapy

## 10. March 28

- Literacy Coordinator: How to make LA Fun!
- Physical Therapy

## 11. April 4

- DCT
- MicroSociety Numeracy Connections
- Financial Literacy

## 12. May 2

- DCT
- AERR Data Results
- PiQ Wellness Handbook
- Cyber Legends
- Engaging Students

# Professional Learning Fridays at Timberlea Public School

13. June 6

- Reflections on PLF
- Nature Walks & Benefits
- Truth & Reconciliation