## **Canadian Mental Health Association**



## WELLNESS BBQ

Wednesday August 24 Come join in the fun! 11:30AM - 2:30PM

> A Day Of Mental Health Support For The Whole Family!

Free BBQ and drinks

**Bouncy castles** 

**Balloon Animals** 

**Face Painting** 

Dance Pl3y

Music & More...



Local mental health support will be present with information and resources :















