Parent Internet Safety Awareness

Current as of April 2021



Internet Safety Starts at Home

Internet safety should be viewed and treated as a door.

The door unfortunately is very hard to close after the fact.



Statistics Speak for Themselves

ONLINE ACCESS

4	5			6	0	throug	ternet
GRADE	Shared Desktop	Own Desktop	Portable Computer	Library or Community Centre	MP3 Player	Cell / smart phone	Game console
4	64%	17%	56%	6%	47%	12%	46%
5	59 %	19%	62%	9%	49%	21%	47%
6	59 %	20%	63%	6%	55%	25%	48%
7	54%	21%	69%	7%	55 %	37%	45%
8	50%	23%	73%	4%	53 %	56 %	41%
9	41%	23%	75%	6%	44%	68%	43%
10	39%	25%	78%	6%	38%	69 %	34%
11	37%	27%	73%	6%	36%	75%	38%

http://mediasmarts.ca/sites/mediasmarts/files/images/publication-report/infographic-YCWWIII-Life-Online.pdf

Statistics Speak for Themselves

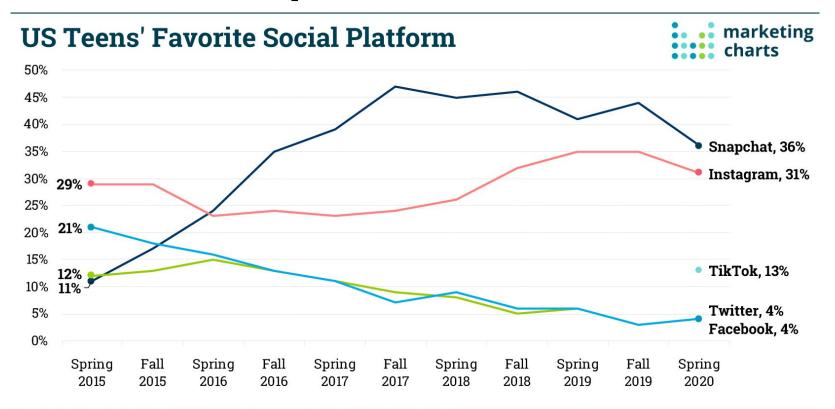
PARENTAL INVOLVEMENT

Are there rules about any of these in your house?	2005	2013
Getting together with someone you met online	74 %	44%
Sites that you are not supposed to visit	70%	48%
Talking to strangers online or on your cell phone	69%	52%

Grade	Own
4	24%
5	31%
6	38%
7	52 %
8	68%
9	83%
10	87%
11	85%

http://mediasmarts.ca/sites/mediasmarts/files/images/publication-report/infographic-YCWWIII-Life-Online.pdf

Statistics Speak for Themselves



Published on MarketingCharts.com in April 2020 | Data Source: Piper Sandler

Spring 2020 data based on a survey of 5,200 US teens with an average age of 16.2

Figures show % share of respondents selecting each as their favorite social platform, select responses only

What can I do as a parent?

Proactive solutions are easier than reactive ones.

- Become aware of what technology your child uses
- Become aware of who your child interacts with on this tech
- Take small steps through conversations to identify key issues
- Making children aware of accountability and consequences
- Understanding the risks are REAL



What else can I do as a parent?

Proactive solutions are easier than reactive ones.

- Get involved in their social media experiences
- Understand that communication is easiest when you are open and transparent
- Monitor usage times (set appropriate limits)
- Have your child explain "new" social media tech to you



Limit Screen Time

Practical strategies for screen time management:

- Make expectations clear and consistent
- Make devices tools not toys
- Uses apps to help manage screen time for your children
- Encourage non-digital relationships and communication (family time)
- Remove portable devices from bedrooms at sleep time







Limit screen time to less than 2 hours each day.



Encourage your child to shut off devices with an early warning (e.g. 5 minute reminder and eye contact acknowledgement).



Don't forcefully remove devices when time is up; allow your child to put away devices voluntarily and exercise self-control.



Make specific all-day rules (e.g., no phones during meals, no screens for an hour before bedtime).



Other Strategies to Use

- "Friending" you to give you access
- Having them use devices or video game consoles in a common area (not the bedroom)
- Supervise trips to meet "friends"
- Become aware of technologies your child uses



Resources to Help

Great overview of technologies with good videos for you to start with: https://www.netsmartz.org/TrendsandTopics

Media Smarts has several good resources for parents: <u>https://mediasmarts.ca/cyber-security/resources-parents-cyber-security</u>

"You don't have to be a computer expert to keep them safe online": <u>https://beinternetawesome.withgoogle.com/en_us</u>

A RCMP website with basic information:

http://www.rcmp-grc.gc.ca/en/gazette/internet-safety-tips-parents

Where do I go when I need help?

TikTok Privacy Guide

https://www.tiktok.com/legal/privacy-policy?lang=en

Twitter Family Guide https://about.twitter.com/en_us/safety.html

Snapchat: Safety Center

https://www.snap.com/en-US/safety/safety-center/

YouTube (Google): Community Guidelines

https://www.youtube.com/howyoutubeworks/policies/community-guidelines/

Just For You

Parenting the Digital Generation

http://mediasmarts.ca/tutorial/parenting-digital-generation

Some things to be immediately aware of...

Devices today can embed the location that a picture or video was made.

This is called geotagging and it's a real threat to your child's safety.





Some things to be immediately aware of...

Place something on top of the camera embedded on a computer when not in use.

The threat is real and does happen more than we know.



http://cameras.reviewed.com/features/paranoid-or-prudent-should-you-tape-over-your-webcam

Some things to be immediately aware of...

Not everything your child is doing is safe online.

1. Stop

- 2. Think
- 3. Tell



But is Google Apps for Education Safe?

Yes, we use a wall garden approach for the student accounts. This means the students can only communicate with accounts on @fmpsd.ab.ca. They can't send or receive external communication.



Where do the files get stored in GAFE?

Files are not stored as a whole file. Instead pieces of each file are scattered on many servers in many places to rapidly come together as a whole. There is no one location in GAFE which is why the files is never lost.



Who owns the data my kids put in the account?

You do. Google has been quite clear about this.

https://www.google.com/edu/trust/



Do I get access to my child's account?

Yes, the school can provide you the login and password to your own child's account.

We view you as an equal partner in this project.

